

Gosnell School District
School Nutrition and Physical Activity Advisory Committee
How Parents and Community Members Can Get Involved

The purpose of the School Nutrition and Physical Activity Advisory Committee (SNPAAC) is to assess and make recommendations that improve student nutrition and wellness. The SNPAAC develops the local wellness policy, creates measurable wellness goals, assists the district with implementation of wellness goals, and updates the local wellness policy as needed. Currently, the SNPAAC consists of administrators, employees, a parent volunteer, and a community partner.

The SNPAAC will be focusing on The Whole School, Whole Community, Whole Child Model which encompasses a collaborative approach with the community, school, and health sectors to meet the health and wellness needs of each child. Creating a healthy learning environment for all students can help schools meet their academic goals while also instilling lifelong healthy habits.

Disclosure, transparency, and accountability are key components to a successful wellness program. Parents and the community can help play a part by adding their input and helping find resolution to dilemmas. Using the platform of the SNPAAC is a great opportunity to create positive change regarding health and wellness in our community. SNPAAC meetings are open to the public, and we encourage people to attend. Meeting information can be found on the district website. The meetings are held four times a school year in the elementary conference room.